

Meath GAA – Performance Mentorship

Overview

Meath GAA are inviting applications for our Performance Mentorship program. This is a voluntary role which provides an excellent opportunity for those interested in pursuing a career in elite sport to gain valuable experience and training. The successful candidate(s) will be under the guidance of the Football Performance Lead and assist in the development of aspiring elite athletes competing at the highest level of their competitive grade.

Essential Criteria:

(1) The Right Person

A Passionate and Positive Team Player

(2) Education

Holds (or working towards) a Degree in Sport Science, Strength & Conditioning or similar.

(3) General

Access to own transport and holds a full, clean driving licence

Availability for evenings and weekends and an ability to commit to all (or most) of the season.

Desired Criteria:

Previous coaching experience (including personal training and/or sports coaching)

Connection with Meath (home) and/or Meath GAA (club member/involvement)

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Professional Development Opportunities:

Practical experience:

The successful candidate(s) will be exposed to a range of multidisciplinary settings(s), including Athletic Development (S&C), Physiotherapy, Psychology, and Nutrition.

They will work closely with Meath GAA Athletic Development Coach(s) and assist them in the delivery of the Athletic Development (AD) program across the season. This will include training and practical experience in:

- Athlete Monitoring & Physical Profiling
- Effective use of sports technology – including GPS.
- Data collection, analysis, and reporting
- Coaching of AD training units across pitch & gym training sessions and/or other.
- Assisting in the development & delivery of education workshops and resources for players, parents and coaches.
- Other duties as required by the Football Performance Lead.

Mentoring:

Mentoring will be provided throughout the program via:

- In-house CPD – Workshops & Training
- Guided Learning - Reading & resources to guide development
- Mentoring – Monthly mentoring meetings with the Football Performance Lead.
- Project Development – Assigned projects to develop professional competencies.

Applications:

If you wish to apply for this position, please forward a one-page Cover Letter and CV to the Football Performance Lead (Dáithí McCabe) at daithi.mccabe.meath@gaa.ie

Closing Date for Applications: Friday the 25th of October